



# Montville Adolescent Center

## OUR APPROACH

Our approach is holistic, focusing on helping teens grow personally, succeed academically, and rebuild the vital connections within their families. We believe in the power of healing together, and our programs are designed to foster development, self-discovery, and a brighter future for teens and their loved ones. Each client's tailored treatment plan incorporates medical and psychiatric care, group, individual and family therapy, experiential modalities, and strength-based academics.



TEENS AGES 13-17



BRAND NEW FACILITY



ACADEMIC PROGRAM



FAMILY-CENTERED APPROACH

## PROGRAM FEATURES

- Detox & Residential
- Individualized Academic Instruction
- Holistic & Trauma-Informed Care Model
- CBT, DBT, Individual & Group Therapy
- Family-centered Approach
- Music, Art, Yoga & Meditation Therapy
- Psychiatry, Medical & Psychoeducation
- Adolescent-Focused Facility Design

## WHY GUARDIAN?

- Treating SUD Since 2009
- Over 15,000 Lives Restored
- Facilities Across the Country
- State, TJC & LegitScript Accredited
- Full Continuum of Care
- Leading Clinical Outcomes
- Most Insurance Accepted

