

# INNER STRENGTH COUNSELING (IIC)

Individualized. Strengths Based. Collaborative.

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Facebook & Instagram @innerstrengthnj

**ACCESSIBLE  
FOR  
REFERRALS  
7 DAYS/WEEK**

## SPECIALITY AREAS TO SUPPORT YOUTH OF ALL AGES & THEIR FAMILIES

ABA TECHNIQUES. ADHD. AUTISM SPECTRUM.  
BEHAVIORAL ISSUES. BIOPSYCHOSOCIAL ASSESSMENTS.  
DEVELOPMENTAL DELAYS. HEALTH & WELLNESS COACHING.  
INTEGRATIVE CARE. JUVENILE JUSTICE.  
LEARNING DISABILITIES. LGBTQ. MINDFULNESS.  
MOTIVATIONAL INTERVIEWING. PASTORAL COUNSELING.  
PLAY THERAPY. SOCIAL EMOTIONAL LEARNING.  
SOLUTION FOCUSED THERAPY. SUBSTANCE USE.

## MULTILINGUAL

ENGLISH  
FRENCH  
HAITIAN CREOLE  
ITALIAN  
SPANISH

## TRAUMA FOCUSED

DBT. DOMESTIC VIOLENCE.  
EMDR. GRIEF.  
HUMAN TRAFFICKING.  
SELF INJURY. SEXUAL ABUSE.  
TEEN PREGNANCY.  
TRAUMA FOCUSED CBT.  
TRAUMA INFORMED CARE.

## PARENTING SUPPORT

ARC GROW  
FAMILY DYNAMICS  
FAMILY SYSTEMS  
FAMILY THERAPY  
NURTURED HEART

## IN-HOME THERAPISTS & BEHAVIORAL ASSISTANTS

## Our Promise To You

Integrity  
Respect  
Flexibility  
Collaboration  
Clear Communication

[www.innerstrengthcounselingnj.com](http://www.innerstrengthcounselingnj.com)