

# How to get started

Admission to all Rogers' services starts with a free telephone screening.

To request a screening, call  
**267-787-6600** or visit **rogersbh.org**.

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Suite 106  
Philadelphia, PA 19131

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Life-changing mental  
health treatment in  
**Philadelphia**



**ROGERS**  
Behavioral Health

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Behavioral Health

MKT 111.319

**Call or visit**  
267-787-6600  
rogersbh.org/Philadelphia

## Levels of care

For a directory of specific program schedules, visit [rogersbh.org/directory](https://rogersbh.org/directory).

### Outpatient Care

#### Partial Hospitalization Care (PHP)

6 to 6.5 hours a day, 5 days a week

Intensive, structured treatment that provides more hours of therapy in a week and allows patients to remain connected with family, school, or work. On average, PHP lasts four to six weeks.

#### Intensive Outpatient Care (IOP)

3 to 3.5 hours a day, 4 to 5 days a week

Specialized, short-term treatment to alleviate symptoms. Helpful for patients transitioning between levels of care. On average, IOP lasts six to eight weeks.

### Residential Care

When a patient is in need of more intensive treatment, Rogers offers nationally recognized residential treatment for addiction, depression and other mood disorders, eating disorders, OCD and anxiety, and trauma recovery in Wisconsin. For more information, visit [rogersbh.org](https://rogersbh.org).

## Treatment that works

Learn about Rogers' industry-leading use of clinical outcomes and see results at [rogersbh.org/outcomes](https://rogersbh.org/outcomes).

## The Rogers difference

At Rogers Behavioral Health, we've been helping people find a path to recovery for more than 110 years. We're here to do the same today in the Philadelphia community by providing highly effective treatment and compassionate care for those struggling with mental health.

Patients receive evidence-based, individualized treatment led by board-certified psychiatrists and a multidisciplinary team of experts.

### Treatment approach

- Cognitive behavioral therapy
- Exposure and response prevention
- Behavioral activation
- Dialectical behavior therapy
- Individual, group, and family therapy
- Medication management

## What we offer

	Partial Hospitalization Care	Intensive Outpatient Care
Anxiety and Depression Recovery in ASD	TC	
Depression Recovery	AT	AT
OCD and Anxiety	ATC	ATC

### Services for:

A - Adults

T - Teens (ages 12 to 17)

C - Children (ages 6 to 11)