

Adolescent Residential Treatment Program

Safe place, safe path, safe presence

The Adolescent Residential Treatment program at The Center for Great Expectations provides mental health treatment to adolescents between the ages of 13 and 20 and their children. Even at this young age, many have already experienced childhood trauma, abuse, mental health challenges, homelessness, and Poverty.



Contracted by the New Jersey Department of Children and Families, Children's System of Care, our 12 -bed residential treatment center delivers a trauma-informed approach that creates a healthy and therapeutic environment.

We are the only facility in New Jersey offering these services to this population.

Program Services:



Furnished bedroom
with private bathroom



Recreational
activities



Life skills
groups



Intensive case
management



Life event
celebrations



Mommy and me
bonding time



Meal prepared by
the house chef

Therapeutic services provided by licensed clinicians:

- Individual, family, and group psychotherapy
- Individual, dyadic and group early relational health therapy
- Art therapy, music therapy, dietician and parenting groups
- Individual psychopharmacological therapy

We also offer:

- Onsite child development center
- Onsite registered nurse
- Transportation to/from medical and educational appointments
- 24/7 direct care support

All referrals must go through PerformCare. Please call 877-652-7624 to begin the referral process.

For more information contact Lisa Schade-Button at
732-247-7003 x320 | lschadebutton@cge-nj.org



Adolescent Residential

The Center for Great Expectations Adolescent Residential Program is a specialized mental health treatment program designed to support pregnant and parenting youth. Our program provides a structured, therapeutic environment that addresses the unique emotional, behavioral, and developmental needs of adolescents while promoting stability, resilience, and overall well-being. Through comprehensive clinical services, individualized care planning, and parenting support, our program is committed to empowering young mothers to achieve positive mental health outcomes and build a strong foundation for themselves and their children.

Program Manager

- Lisa Schade-Button
- (732) 247-7003 ext. 320

Program Overview:

- The Adolescent Residential Mommy & Me Program is a 12-bed residential treatment program serving pregnant and parenting adolescents and their young children.

Population Served:

- Pregnant or parenting adolescents ages 13–20
- Children up to age 5 (may accommodate up to 3 children per resident)

Length of Stay:

- Individualized based on clinical need (average approximately 1 year)

Services Provided:

- 24/7 direct care supervision and support
- On-site registered nurse
- Individual and group therapy
- Transportation services
- Recreational activities
- Parenting support and skill development

Admission Requirements:

- Phone consultation with Program Manager
- Completion of PerformCare intake
- Must meet RTC level of care
- Current medical and psychological evaluations
- CYBER referral by CMO to RTC Infant
- Schedule a Meet & Greet

** See reverse for full list of documents needed for admission, as required by the NJ Children's System of Care*



Required Documentation for Mothers:

- Universal Healthcare Record
- CGE Health Examination Form
- Immunization records
- Dental records
- Insurance card
- Birth certificate

Additional Required Documentation for Expectant Mothers Only:

- Prenatal care history
- Blood tests
- Ultrasound results

Required Documentation for Child(ren):

- Universal Healthcare Record
- CGE Child Physical Exam Form
- Hospital discharge paperwork
- Immunization records
- Insurance card
- Birth certificate
- Social security card