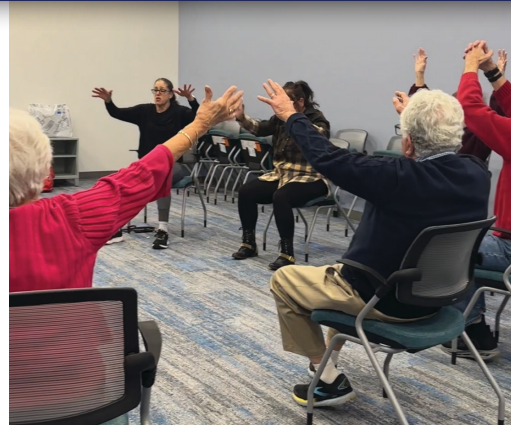


aleph Adult Day Center

Providing a safe, engaging, and nurturing environment for older adults



FREE
One-day trial
available!

Rediscover what makes you happy

Conversation & new friendships

Educational programs

Movement & physical activities

Snacks & beverages provided

More flexible sessions now available!

SESSIONS:

3-hour 9am-12pm
9:30am-12:30pm
1-4pm

5-hour 11am-4pm

8-hour (FULL DAY)

(full day sessions 8:30am-4:30pm to allow for convenient drop-off and pick-up)

HOURS:

Monday - Friday

8:30am - 4:30pm

Lunch is offered Monday, Wednesday & Friday

(Not included with 3-hour sessions 9am-12pm and 1-4pm)

Transportation options available

**ENROLL
TODAY!**

856.685.5700 | alephadc.org

Jonathan Sinay Building | 1721 Springdale Road | Cherry Hill, NJ 08003

Get to know us.



What makes us different?

Why Choose Aleph

Safe and trusted staff:

All of our caregivers are licensed, bonded, insured, and background-checked.

Personalized care & ongoing oversight:

Whether you choose care at home, at our Adult Day Center, or both—every client will receive a personalized assessment. We review your care plan regularly to ensure it continues to meet your needs.

Flexible commitment:

Use our services only when you need them, for the short-term or long-term.

24/7 availability:

Our team is on-call every day. There is no answering service—just real support, anytime.



My sister and I credit Aleph with saving our mother's life. She was being neglected before we came to Aleph and was starting to decline physically and mentally. Now with our Aleph aide's attention, she is back to her lively self and we are forever grateful.

Aleph is a department of the Jewish Federation of Southern New Jersey. We support older adults and their families on a non-discriminatory basis through trusted programs:

aleph Home Care

Compassionate, professional care delivered in the comfort of your home.

Whether it's a few hours a day, 24/7, or live-in help, our aides and nurses are here to assist with daily tasks, personal care, and wellness.

aleph Adult Day Center

A safe, welcoming space where older adults engage in meaningful activities, connect with peers, and receive gentle supervision during the day—giving families peace of mind.

Funding provided by the Raymond & Gertrude R. Saltzman Foundation.



Home Care | Adult Day Center

Contact Us for Help

alephsnj.org | aleph-team@jfedsnj.org
856.685.5700

Weinberg Commons

1715 Springdale Road
Cherry Hill, NJ 08003

Aleph Adult Day Center

Jonathan Sinay Building
1721 Springdale Road
Cherry Hill, NJ 08003

Northfield Office

1423 Tilton Road, Suite 10
Northfield, NJ 08225

Aleph Home Care is bonded and insured for your protection.

Aleph Home Care is accredited by the Commission on Accreditation for Home Care.



State of New Jersey Home Care Service License
#HP0181600

Follow Us on Social!



Aleph Home Care and Day Center of Southern New Jersey



@alephsnj



Aleph Home Care and Day Center

A department of the
Jewish Federation of Southern New Jersey



Home Care

Adult Day Center



Personalized care at home
Engaging social day center
for older adults

alephsnj.org
856.685.5700



aleph Home Care

Personalized care at home



aleph Adult Day Center

Engaging social day center for older adults

Let Our Aleph Family Take Care of Yours

*Caregiving for a loved one can be rewarding,
but also stressful and overwhelming.*

Aleph Home Care offers:

- ▶ Assistance with bathing, dressing, grooming, transferring, and walking
- ▶ Vital signs monitoring and medication reminders
- ▶ Post-surgery support
- ▶ Specialized care for Alzheimer's disease & dementia
- ▶ Meal preparation and light housekeeping
- ▶ Safety supervision
- ▶ Breaks for family caregivers (respite care)
- ▶ Care available from 1 hour up to 24/7 and live-in care
- ▶ RN check-ins every 30 days or less



Home Care Services

Services available from 1 hour to 24 hours/7 days per week and live-in care options

All services available in Camden, Burlington, and Gloucester Counties. Atlantic and Cape May Counties offer live-in care.



“When my dad's health started to deteriorate physically, I contacted Aleph Home Care. They met with me right away and came up with a care plan for him. They listened to all of our worries and made my dad's health a number one priority. Most importantly, I left our meeting feeling that my dad would be safe and receive the highest level of care. Aleph was able to secure an aide to meet with us within 24 hours and keep Dad company.”

Social Day Center

The Aleph Adult Day Center offers:

- ▶ Fun and engaging daily activities
- ▶ Music, art therapy, reminiscence therapy, and socialization
- ▶ Light exercise to stay active and healthy
- ▶ A chance to make new friends and socialize
- ▶ Special events and holiday celebrations
- ▶ Peace of mind for family caregivers
- ▶ Free 1-day trial



Day Center Services

Flexible options for partial, half and full day programs for older adults living with or without cognitive impairments

Aleph's state-of-the-art Adult Day Center is located in the Jonathan Sinay Building in Cherry Hill. The facility features:

- ▶ Beautiful indoor activity spaces
- ▶ The cozy J-Sips Café
- ▶ An outdoor patio, which includes a mini golf course
- ▶ An indoor theater
- ▶ A full gymnasium

A 3-day lunch plan or daily options at the J-Sips Café for a minimal fee, and door-to-door transportation, are available for an easy and worry-free experience.

