

INNER STRENGTH COUNSELING (IIC)

Individualized. Strengths Based. Collaborative.

Phone: 856.372.0302 Fax: 856.249.3326

Email: referrals@innerstrengthnj.com

Facebook & Instagram @innerstrengthnj

ACCESSIBLE
FOR
REFERRALS
7 DAYS/WEEK

SPECIALITY
AREAS TO SUPPORT
YOUTH OF ALL
AGES & THEIR
FAMILIES

ABA TECHNIQUES. ADHD. AUTISM SPECTRUM.
BEHAVIORAL ISSUES. BIOPSYCHOSOCIAL ASSESSMENTS.
DEVELOPMENTAL DELAYS. HEALTH & WELLNESS COACHING.
INTEGRATIVE CARE. JUVENILE JUSTICE.
LEARNING DISABILITIES. LGBTQ. MINDFULNESS.
MOTIVATIONAL INTERVIEWING. PASTORAL COUNSELING.
PLAY THERAPY. SOCIAL EMOTIONAL LEARNING.
SOLUTION FOCUSED THERAPY. SUBSTANCE USE.

MULTILINGUAL

ENGLISH
FRENCH
HAITIAN CREOLE
ITALIAN
SPANISH

TRAUMA FOCUSED

DBT. DOMESTIC VIOLENCE.
EMDR. GRIEF.
HUMAN TRAFFICKING.
SELF INJURY. SEXUAL ABUSE.
TEEN PREGNANCY.
TRAUMA FOCUSED CBT.
TRAUMA INFORMED CARE.

PARENTING SUPPORT

ARC GROW
FAMILY DYNAMICS
FAMILY SYSTEMS
FAMILY THERAPY
NURTURED HEART

IN-HOME
THERAPISTS
&
BEHAVIORAL
ASSISTANTS

Our Promise To You

Integrity
Respect
Flexibility
Collaboration
Clear Communication

www.innerstrengthcounselingnj.com