



A classroom-simulated treatment room at CIEBS

WHAT DOES CIEBS PROVIDE TO CHILDREN AND FAMILIES?

- Thorough screening and evaluation
- Psychiatric evaluation, consultation and medication monitoring
- Expressive therapy groups
- Family therapy
- Individual therapy tailored to the child's/family's needs, as necessary
- Psychoeducational groups
- Simulated classroom setting and activities
- High level of supervision and safety for aggressive and combative behaviors
- Case management/care coordination
- Creative therapies
- Daily living skills and health training
- Daily recreational therapy
- Referral to and consultation with community resources
- Psychoeducation/psychotherapy group for parents of current and former patients
- Transitional discharge planning
- Transportation may be provided for children based on distance from the child's residence to our Specialty Care Center, but is not guaranteed; alternative transportation possible

TREATMENT TEAM

Our treatment team consists of the child, the family, a board-certified psychiatrist/medical director, licensed mental health therapists, program nurses, behavior specialists, learning specialists, behavior assistants, clinical coordinators and interns.

FINANCIAL INFORMATION

The CIEBS Program accepts Medicaid. CHOP insurance specialists will assess additional insurance providers and financial details, ensuring families receive this information before their child's admission to the program.



Visit chop.edu/ciebs for complete admission criteria.

Learn more: 609-677-7850

CIEBS is open year-round.

Children's Intensive Emotional and Behavioral Services

FOR PROFESSIONALS



WHAT IS CHILDREN'S INTENSIVE EMOTIONAL AND BEHAVIORAL SERVICES (CIEBS)?

- CIEBS includes two separate but integrated programs that provide comprehensive psychiatric partial hospital services in a trauma-informed, behaviorally-based therapeutic setting for children ages 5-13 years old in Atlantic, Cape May, Cumberland and Ocean counties.
- Children can attend one of two programs designed to meet the varying needs of each individual child and their family.
 - **Children's Intensive Emotional and Behavioral Program:** This full-day psychiatric partial hospital program is six hours per day, five days a week, and runs from 9 a.m. to 3 p.m. for children ages 5-13.
 - **Children's Extended Day Hospital Program:** This extended day psychiatric partial hospital program is four hours per day, 2-4 days a week. Call the program for additional information.

Older children can attend either program or both programs in succession for 2-6 months.

Academic services are provided by the referring school district outside of program hours.

Referrals

Schools, pediatricians, mental health experts, child protective services and parents refer children who have various behavioral, emotional and social needs that significantly influence the child's ability to learn and participate constructively in their home, school or community.

Philosophy and Treatment

- We use an interdisciplinary approach that includes psychiatrists, physicians, mental health therapists, nurses and other behavioral health professionals to provide comprehensive evaluation and treatment that incorporates the child, family and community.

- Children are placed in a developmentally appropriate treatment room that becomes the setting for therapy. Interventions are designed to help them reach their behavioral, emotional, social and learning potential so they can return to and stay in their school district and community.
- Within this safe, predictable, therapeutic environment, children receive trauma-informed, behaviorally-focused, individualized treatment that encourages family and community participation.
- Treatment focuses on the development of safe adaptive behaviors, emotional self-regulation and pro-social skills as building blocks to fostering academic learning potential.

CRITERIA FOR ADMISSION

Children appropriate for admission to CIEBS are at risk for being removed from school due to psychiatric/behavioral symptomatology AND present with one or more of the following behaviors:

- Disorganized or impaired thought process
- Suicidal or homicidal ideation without intent
- Impulsive behaviors that are a danger to self or others
- Recurrent self-injurious behavior
- Severely impaired familial, social, academic or self-care functioning
- Behaviors and/pr emotional reactions grossly inappropriate to situational context
- Experience extreme anxiety, depression, sadness or irrational fears
- Maladaptive dependence on parents
- Persistent school refusal and/or avoidance of non-familiar social contact

- Therapeutic interventions stress safety and unconditional positive regard, and are derived from state-of-the-art behavior modification techniques and applied behavior analysis.
- Children are further supported by individual, group and family psychotherapy, simulated classroom activities and, if needed, medication.
- The weaving together of these interventions — under the guidance of the treatment team in a setting similar to a school classroom — creates the therapeutic environment.

EXCLUSIONARY CRITERIA

Children who present with one or more of the following behaviors or circumstances are not appropriate for admission to CIEBS:

- Diagnosis within the Developmental Disorders Spectrum, Organic Brain Syndrome, or IQ between 70 and 75 and/or assessed to have marked impairment in social interaction and/or communication that would be too disruptive to the treatment milieu
- IQ below 70
- Gross impairment in thought process
- Active suicidal or homicidal ideation and intent
- Actively engages in dangerous behaviors or severe conduct problems (e.g., fire setting, weapon use and/or gang involvement)
- Inadequate supervision so that the patient or others are placed at risk for harm
- Severely underdeveloped language skills
- Substance abuse or dependence
- The family caregiver's lack of participation (or inability to participate) in treatment