



Affiliations

- Solasta Incorporated
- Solasta Counseling Center
- Be You
- Solasta Recovery Center
- Counseling @ The Solasta

Performcare

- **1-877-652-7624**

24 hours a day, 7 days a week

Request Solasta Counseling Center

***Please send referrals to
referrals@thesolastagroup.org***

The Solasta Group, Inc.

Lumberton, NJ 08048
admin@thesolastagroup.org

609-746-0146



**Sometimes the worst place
you can be is in your head.**

It's Okay to Ask for Help..

**The Solasta Group,
Inc.**

www.thesolastagroup.org



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Our Mission

Our mission is to provide a holistic care so our clients can be self-sustaining. We aim to ensure that each individual is prepared to become self-sustaining, highly functional, and independently capable of developing a positive, productive quality of life.

Our Philosophy

The Solasta Group philosophy believes that there is hope and freedom for individuals that suffer from mental health and addiction use disorder. The Solasta Group also believes that individuals have the capacity to overcome adversity and can realize their full potential through determination and perseverance. The agency believes that the clients we serve has the ability to allow their light to shine by utilizing the tools and concepts they have learned throughout their journey. The Solasta Group is committed to helping individuals navigate through various life challenges while developing the skills necessary to become self-sustaining and independent human beings.

Our Services

- Intensive In Community Services
- Behavioral Assistance Services
- Autism/ Behavioral Analysis
- Drug and Alcohol Treatment
- Christian Counseling
- Stress and Anxiety Services
- Depression
- ADHD
- Grief Counseling
- Trauma Focused
- Bullying
- Self-acceptance
- Family Services
- Relationship Issues
- Mood Disorders
- Cognitive Behavioral Therapy

About Us

The Solasta Group is a non-profit agency designed to service children, adolescents, and adults with mental health, substance use, and co-occurring disorders through holistic approach. The agency will utilize recent and effective evidence-based practices of clinical interventions to ensure that individuals are able to function as healthy, productive members of society. The agency provides services that are tailored to meet each individual specific needs.

*Nothing in the world can torment
you as much as your own
thoughts.*

*Be Aware,
Think about what you are
thinking.*